Home upgrades for climate resilience

Making your home ready for extreme weather events

WORKBOOK



Home upgrades for climate resilience

Making your home ready for extreme weather events

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Castlemaine Institute is a research and learning hub focused on creating thriving communities, economies and landscapes.

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Caveats

Buildings and works may require planning and or building approval including: extensions, changes to materials, alterations, painting, tree removal and earthworks. Before mitigation measures are undertaken it is advised to contact your local Council's planning department to understand if there are any planning approvals required prior to commencing.

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The Castlemaine Institute acknowledges that we live and work on the unceded lands of the Dja Dja Wurrung and we acknowledge the vital role the local Djaara (Dja Dja Wurrung People) continue to play as custodians of the region. The Castlemaine Institute commits 1% of total revenue to Pay The Rent. Always was, always will be, Aboriginal land. C

We acknowledge and support Djaara's Climate Change Strategy and Dja Dja Wurrung's vision for a sustainable, resilient and equitable future where past injustices of colonialism, mining and pollution are addressed by empowering Djaara-led responses to climate change on djandak through self-determination, justice and biocultural knowledge.

How to use this workbook



Investigate the flood and fire risk to your property through obtaining professional advice, and contacting your Local Council, Catchment Management Authority and Country Fire Authority. Then work through this book.

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Explore the PRIORITY UPGRADES table (page 19) to identify priority upgrades for your home that are easy and low cost.

3

5



While you are reading, use the MY HOME ASSESSMENT (page 30) to note down characteristics of your home and highlight actions to make your home more climate resilient.



Read about HOUSE TYPES on pages 6-17 to learn how your house may perform in climate related events: bushfire, storm, flood and extreme temperatures.

2



Read through RECOMMENDED ACTIONS AND UPGRADES on pages 20-29 to learn more about upgrading any house for each of the climate related weather events.

Purpose & overview

Many Victorian households have been affected by climate related weather events, including bushfires, extreme heat and cold snaps, storms, and floods. Much of the state's housing stock, particularly that built prior to 1991, has not been made to withstand the projected increase in temperatures and extreme weather events under climate change.

By improving the resilience of your home and property, you will not only reduce negative impacts of climate change on your health and wellbeing, but also save money through reduced future property damage costs, reduced insurance premiums and reduced costs associated with year-round heating and cooling.

This workbook will help you to assess how your house may perform in climate events and enable you to identify priority upgrades that will make your home more resilient when events do occur.

CLIMATE EVENTS



FIRE

HOUSE TYPES

Performance

Performance issues are identified for each house type. Consider which issues may apply to your property and estimate how your home may perform in each event. The visual scale provides an indicative rating for a typical home: houses rated "worse" are at high risk from an event.

RECOMMENDED ACTIONS & UPGRADES

A scale of recommended actions you can make to homes for the identified events. The scale of minimal, medium and extensive, from no-cost preparation, through to extensive upgrades, is based on the assumed effort, skill, time and cost to undertake home upgrades.

- Easy to do yourself Likely to require a skilled trade person Will take time and planning
- Ś Will require mid to high financial investment

Actions renters are permitted to take under the "Residential Tenancies Act 1997" and 'Residential Tenancies Amendment Regulations 2021' are noted with an '**R**'. Consider actions you could undertake to improve the performance of your home in the short, medium and long term. Some upgrades identified in this workbook can be financially supported by government rebates.

4





- Describes typical examples of houses found within the Loddon Mallee region:
- Pre-World War II (pre 1900-1945): lightweight
- Pre-World War II (pre 1900-1945): heavyweight
- Post-World War II (1946-1990): lightweight
- Post-World War II (1946-1990): heavyweight / brick veneer
- Contemporary (1991-present): lightweight
- Contemporary (1991-present): brick veneer
- Consider which typology best describes your home. Note, your home may be made up of more than one type, and earlier renovations may mean some of the typical characteristics may no longer apply.



HOUSE TYPES



Pre 1900-1945 Lightweight Pre-World War II

OFTEN SINGLE LEVEL and elevated to negotiate the slope of the site. Surviving houses from this era are often elevated to avoid flood. The original structure has high ceilings. Typically, these houses have additions of varying ages and quality to incorporate modern living expectations, such as bathrooms and kitchens, within the home.

These homes were not designed with consideration of passive design principles. They often have poor orientation to capture warmth from the sun, maximise natural light, breezes, or shading. Many have shading such as verandahs on at least one facade, some have hoods over windows.

Original features like chimneys, windows and exterior materials are important to the character of these homes. Consider how these features can be maintained or only subtly changed when upgrading for resilience to retain the integrity of the original house. A good place to start for all risks is to maintain, secure and improve the external envelope of your home. Before you make exterior changes to your home, check with your local council if you require planning permission.

DESCRIPTION

Single level, pitched roof, sometimes with multiple pitches, typically weatherboard or decorative timber cladding.

STRUCTURE

Timber wall, floor and roof framing, timber stumps.

CLADDING

Hardwood weatherboard or timber clad walls, corrugated steel roof. WINDOWS AND DOORS

Timber framed doors and windows, often double hung with single glazing. These homes typically have one or occasionally two windows per room. INSULATION

None originally. Many homes would have had ceilings insulated later. It is less likely that walls and floors are insulated.







PRE-WORLD WAR II — LIGHTWEIGHT					
		PERFORMANCE			
FIRE					
Ś	Worse Better	Likely to have gaps over 3 joints, roof valleys and spa to settle. Window glass is thinner an shatter allowing embers in			
STORM					
A	Worse Better	If the original roof is still in sheets may not be secure. Thin window glazing is mo shatter. Cladding may be loose.			
FLOOD					
\bigcirc	Worse Better	If below flood level, frame vulnerable to damage. Cavities are prone to molo Original materials are ofte and may not need replace			
EXTREME TE	MPERATURES				
	Heat Worse Better Cold Worse Better L	Have poor thermal perform be fully insulated, may hav Due to the lack of thermal down quickly following a h winter the lightweight clack hold any warmth from dire Can be draughty letting ou Smaller windows reduce h make it harder to ventilate			

	Regula
r 3mm, exposed spaces for embers	trees.
	Re-de and dr
and more likely to s into the house.	Manag your s storm
	the ho
ll in place roof re. nore likely to	BUILD Old roo can ea roofer with ro
	Enclos mesh cemer
	The th often areas
ne and stumps are	house direct
old growth. ften hardwearing cement.	Retrof draug carrie timbe
	On old install
	impos impac
ormance. Unlikely to have no insulation.	Consid and de sympa
hal mass, they cool a heat wave. In cladding doesn't irect sun.	Priorit floors renova
outside air inside.	claddi
o boot goin, but con	

e heat gain, but can ate. Timber window hal properties, ce of the original

CONSIDERATIONS

GARDEN

arly inspect and maintain mature

sign mature gardens to be fire wise rought resistant.

ge the release of stormwater from ite by installing rainwater and/or water detention tanks in discrete ons, such as behind or to the side of ouse.

DING

of sheeting was fixed with nails that asily come loose in strong winds; a can inspect your roof and fix sheets oofing screws.

se the sub-floor by installing ember behind existing timber or new fibre nt stump lining boards.

nreshold for later rear additions is close to ground level. Be aware of like this where water can enter the and design exterior drainage to water away from such areas.

fitting double glazed units and ht sealing existing windows can be d out by experts to retain original r frames.

ler style houses ember mesh ed over windows can appear dark and sing from the outside. Screens may ct on views, ventilation and solar gain.

der replacing timber decking, fascias etails, with fire resistant alternatives athetic to the original look and profile.

tise roof/ceiling insulation, then , then walls. If you are doing extensive ations take the opportunity to te the walls when external or internal ing is removed.

Seal or remove internal wall vents. Install a chimney draught stopper internally, a roofer can install flashing externally.



Pre 1900-1945 Heavyweight Pre-World War II

OFTEN SINGLE LEVEL and elevated to negotiate the slope. The original structure has high ceilings. Typically these houses have additions of varying ages and quality to incorporate modern living expectations such as bathrooms and kitchens into the home.

These homes were not designed with consideration of passive design principles. They often have poor orientation to capture warmth from the sun, maximise natural light, breezes, or shading. Many have shading such as verandahs on at least one facade, some have hoods over windows.

Original features like chimneys, windows and exterior materials are important to the character of these homes. Consider how these features can be maintained or subtly changed to improve resilience while retaining the integrity of the original house. A good place to start for all risks is to maintain, secure and improve the external envelope of your home. Before you make exterior changes to your home, check with your local council if you require planning permission.

DESCRIPTION

Single level, pitched roof, sometimes with multiple pitches, brick or stone. STRUCTURE

Masonry (brick or stone) walls, timber floor and roof framing, timber stumps or brick piers.

CLADDING

Masonry (brick or stone), corrugated steel, slate or tiled roof.

WINDOWS AND DOORS

Timber doors and windows, often double hung with single glazing. These homes typically have one or occasionally two windows per room.

INSULATION

None originally. Many homes would have had ceilings insulated later. It is less likely that walls and floors are insulated.







PRE-WORLD	WAR II — HEAVYWEIGHT	
		PERFORMANCE
FIRE		
(A)	Worse Better	Likely to have gaps over 3mm, exposed joints, roof valleys and spaces for embers to settle.
\bigcirc		shatter allowing embers into the house.
STORM		
Ζ	Worse Better	If the original roof is still in place roof sheets, slates or tiles may not be secure.
7		Thin window glass is more likely to shatte
FLOOD		
\wedge	Worse Better	If below flood level, frame and stumps are vulnerable to damage.
()		Cavities are prone to mold growth.
0		Original materials are often hardwearing and will not need replacement.
EXTREME TE	MPERATURES	
θ	Heat	Have poor thermal performance. Unlikely be fully insulated, may have no insulation.
		Walls experience heat lag and hold heat for longer periods in summer and hold cold for longer periods in winter.
0	Cold	Can be draughty letting outside air inside
		Smaller windows reduce heat gain, but ca make it harder to ventilate. Timber windo frames have good thermal properties, however the performance of the original glass is low.

and more likely to into the house.

re likely to shatter.

ne and stumps are

rmance. Unlikely to ive no insulation.

heat gain, but can te. Timber window al properties, ce of the original

CONSIDERATIONS

GARDEN

Regularly inspect and maintain mature trees.

С

Re-design mature gardens to be fire wise and drought resistant.

Manage the release of stormwater from your site by installing rainwater and/or stormwater detention tanks in discrete locations, such as behind or to the side of the house.

Deciduous trees planted on the west can shade brick walls in summer to reduce heat gain.

BUILDING

Keep gutters, roof valleys, box gutters and rain heads clear of leaves. Fit gutter and valley leaf guards. Houses with flat roofs, box gutters or no eaves are particularly vulnerable to internal water damage if there is a blockage in the roof drainage. Working at heights should be undertaken by people with appropriate safety equipment.

Old roof sheeting was fixed with nails that can easily come loose in strong winds, a roofer can inspect your roof and fix sheets with roofing screws. Have roof tiles or slates inspected and repaired.

The door threshold is often close to ground level in houses that have been added to. Be aware of areas like this where water can enter the house and design exterior drainage to direct water away from such areas.

Retrofitting double glazed units and draught sealing existing windows can be carried out by experts to retain original timber frames.

On older style houses ember mesh installed over windows can appear dark and imposing from the outside. Screens may impact on views, ventilation and solar gain.

Maintain timber fascias and verandahs.

Prioritise roof/ceiling insulation, then floors. Insulation cannot be retrofitted to double brick walls. Floor to ceiling curtains or joinery on the inside of external walls can provide a thermal buffer.

Seal or remove internal wall vents. Install a chimney draught stopper internally, a roofer can install flashing externally.

HOUSE TYPES

<u>C</u>



Lightweight Post-World War II

USUALLY SINGLE LEVEL and raised to negotiate the slope of the site. The original portion of the structure has medium height ceilings. Often simple additions have been added to the rear.

These homes were not designed with consideration of passive design principles. They often have poor orientation to capture warmth from the sun, maximise natural light, breezes, or shading. They tend to have covered entrances but no verandahs. Eaves are typical. External blinds are often used to externally shade windows.

Original features like chimneys, windows and exterior materials are important to the character of these homes. Consider how these features can be maintained or subtly changed to improve resilience while retaining the integrity of the original house. A good place to start for all risks is to maintain, secure and improve the external envelope of your home. Before you make exterior changes to your home, check with your local council if you require planning permission.

DESCRIPTION

Single level, pitched roof.

STRUCTURE

Timber wall, floor and roof framing, timber stumps.

CLADDING

Timber weatherboards or sheet, corrugated steel or tiled roof.

WINDOWS AND DOORS

Timber, steel or aluminium doors and windows, with single glazing. These homes often have square proportioned window openings. INSULATION

None originally. Many homes would have had ceilings insulated later. It is less likely that walls and floors are insulated.







POST-WORLD WAR II — LIGHTWEIGHT						
		PERFORMANCE				
FIRE						
Ì	Worse Better	Likely to have gaps over joints, roof valleys and s to settle. Window glass is thinner shatter allowing embers				
STORM						
Ø	Worse Better	If the original roof is stil sheets may not be secu Thin glass in windows is shatter. Cladding may be loose.				
FLOOD						
\bigcirc	Low High	If below flood level, fran vulnerable to damage. Cavities are prone to mo Original materials are of and will not need replac				
EXTREME TE	MPERATURES					
	Heat Worse High Cold Worse High	Have poor thermal perfo be fully insulated, may h Due to the lack of therm down quickly following a winter the lightweight c hold any warmth from d Can be draughty letting Old steel or aluminium w poor thermal performan				

10

r and more likely to 's into the house.

ill in place roof ure.

more likely to

me and stumps are

old growth.

ften hardwearing cement.

ormance. Unlikely to have no insulation.

mal mass, they cool a heat wave. In cladding doesn't direct sun.

outside air inside.

window frames have ince.

CONSIDERATIONS

GARDEN

Regularly inspect and maintain trees.

Re-design mature gardens to be fire wise and drought resistant.

Manage the release of stormwater from your site by installing rainwater and/or stormwater detention tanks in discrete locations, such as behind or to the side of the house.

BUILDING

Keep gutters, roof valleys, box gutters and rain heads clear of leaves. Fit gutter and valley leaf guards. Houses with flat roofs, box gutters or no eaves are particularly vulnerable to internal water damage if there is a blockage in the roof drainage. Working at heights should be undertaken by people with appropriate safety equipment.

Old roof sheeting can come loose in strong winds. A roofer can inspect your roof and fix sheets with roofing screws. Have roof tiles or slates inspected and repaired.

Enclose the sub-floor by installing ember mesh behind existing timber or new fibre cement stump lining boards.

The door threshold is often close to ground level in houses that have been added to. Be aware where water can enter the house and design exterior drainage to direct water away from such areas.

Older aluminium or steel windows frames transfer heat and cold. Consider replacing windows with a sympathetic frame profile and colour. For existing timber windows, retrofitting double glazed units and draught sealing can be carried out by experts to retain original frames.

On older style houses ember mesh installed over windows can appear dark and imposing from the outside. Screens may impact on views, ventilation and solar gain.

Maintain timber fascias and verandahs.

Add external shading appropriate to the era of the home. Shading that controls direct sun include verandahs, pergolas, window hoods, awning blinds, external blinds or shutters.

Prioritise roof/ceiling insulation, then floors (if the house has an elevated timber floor), then walls. If you are doing extensive renovations take the opportunity to insulate the walls when external or internal cladding is removed.

Seal or remove internal wall vents. Install a chimney draught stopper internally, a roofer can install flashing externally.

Replace non water-resistant materials that are below predicted flood level. Particle board, hard board and MDF swell and deteriorate when wet. These materials were increasingly used in cabinetry, under floors and for details like skirtings and architraves.



1946-1990

Heavyweight / brick veneer Post-World War II

USUALLY SINGLE LEVEL and raised to negotiate the slope of the site. The original portion of the structure has medium height ceilings.

These homes were not designed with consideration of passive design principles. They often have poor orientation to capture warmth from the sun, maximise natural light, breezes, or shading. They tend to have covered entrances but not full verandahs. Eaves are typical. External blinds are often used to externally shade windows.

Original features like chimneys, windows and exterior materials are important to the character of these homes. Consider how these features can be maintained or subtly changed to improve resilience while retaining the integrity of the original house. A good place to start for all risks is to maintain, secure and improve the external envelope of your home. Before you make exterior changes to your home, check with your local council if you require planning permission.

DESCRIPTION

Single level, pitched roof, often with projected sections.

STRUCTURE

Brick walls, timber floor and roof framing, brick piers.

CLADDING Brick, tiled roof cladding.

WINDOWS AND DOORS

Timber, steel or aluminium doors and windows, with single glazing. These homes often have windows that are square or wider than they are high.

INSULATION

None originally. Many homes would have had ceilings insulated later. It is less likely that walls and floors are insulated.







POST-WORL	D WAR II — HEAVYWEIGHT	/ BRICK VENEER
		PERFORMANCE
FIRE		
\mathfrak{G}	Worse Better	Likely to have gaps over a joints, roof valleys and sp to settle. Window glazing is thinne shatter allowing embers
STORM		
Ø	Worse Better	Robust roof and wall mat well in storms. Thin glass in windows is i to shatter.
FLOOD		
\bigcirc	Worse Better	If below flood level, floor damage. Original materials are oft and will not need replace
EXTREME TE	MPERATURES	
	Heat Worse Better	Have poor thermal perfor Are rarely fully insulated. Double brick walls experi- hold heat for longer perio- hold cold for longer perio-
	Cold Worse Better	Can be draughty letting of Steel and older aluminium have poor thermal perfor

er and more likely to into the house.

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more likely

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ten hardwearing ment.

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ience heat lag and ods in summer and ods in winter.

outside air inside.

m window frames rmance.

CONSIDERATIONS

GARDEN

Regularly inspect and maintain trees.

Re-design mature gardens to be fire wise and drought resistant.

Manage the release of stormwater from your site by installing rainwater and/or stormwater detention tanks in discrete locations, such as behind or to the side of the house.

BUILDING

Keep gutters, roof valleys, box gutters and rain heads clear of leaves. Fit gutter and valley leaf guards. Houses with flat roofs, box gutters or no eaves are particularly vulnerable to internal water damage if there is a blockage in the roof drainage. Working at heights should be undertaken by people with appropriate safety equipment.

Old roof sheeting was fixed with nails that can easily come loose in strong winds, a roofer can inspect your roof and fix sheets with roofing screws. Have roof tiles or slates inspected and repaired.

The door threshold is often close to ground level in houses that have been added to. Be aware where water can enter the house and design exterior drainage to direct water away from such areas.

Older aluminium or steel windows frames transfer heat and cold. Consider replacing windows with a sympathetic frame profile and colour. For existing timber windows, retrofitting double glazed units and draught sealing can be carried out by experts to retain original frames.

On older style houses ember mesh installed over windows can appear dark and imposing from the outside. Screens may impact on views, ventilation, and solar gain.

Maintain timber fascias and verandahs.

Add external shading appropriate to the era of the home. Shading devices that control direct sun include verandahs, pergolas, window hoods, awning blinds, external blinds or shutters.

Prioritise roof/ceiling insulation, then floors (if the house has an elevated timber floor). Insulation cannot be retrofitted in to double brick walls. Floor to ceiling curtains or joinery on the inside of external walls can provide a thermal buffer.

Seal or remove internal wall vents. Install a chimney draught stopper internally, a roofer can install flashing externally.

Replace non water-resistant materials that are below predicted flood level. Particle board, hard board and MDF swell and deteriorate when wet. These materials were increasingly used in cabinetry, under floors and for details like skirtings and architraves.

HOUSE TYPES



1991-present Lightweight Contemporary

USUALLY SINGLE LEVEL and constructed on heavily excavated sites to minimise slope. Low to medium height ceilings.

Contemporary homes are only sometimes designed with consideration of passive design principles. They often have poor orientation to capture warmth from the sun, maximise natural light, breezes, or shading.

They may have narrow or no eaves and tend to have covered entrances and covered patios to the rear. Windows are often unshaded.

A good place to start for all risks is to maintain, secure and improve the external envelope of your home. Before you make exterior changes to your home, check with your local council if you require planning permission.

DESCRIPTION

Single level, pitched, skillion or flat roof.

STRUCTURE

Timber stud frame, timber or concrete floor, timber roof framing. CLADDING

Wall cladding such as engineered timber panels, steel, compressed fiber cement, and steel roof cladding.

WINDOWS AND DOORS

Aluminium doors and windows, with single or double glazing. These homes often have windows proportioned to suit a particular room, tall narrow bedroom windows, large full height glazing for living rooms. Garages are often incorporated into the building envelope.

INSULATION

Wall, ceiling, some houses may have floor insulation.







		PERFORMANCE	CONSIDERATIONS
FIRE	Worse Better	Likely to have roof valleys and spaces for embers to settle. If designed and constructed to a bushfire attack level (BAL), it would be constructed to a better standard.	GARDEN Plant fire wise and drought re plants. Manage the release of storm your site by installing rainway stormwater detention tanks locations, such as behind or of the house. Pay attention to water flows
STORM	Worse Better	Robust exterior materials perform well in storms. Constructed to more recent standards to withstand wind forces.	neighbouring properties and to keep drainage away from y Use fire resistant fencing ma particularly when it is close t or other structures.
FLOOD	Worse Better	Often constructed at grade with low window sills which can make them vulnerable to inundation. Cavities are prone to mold growth. Materials can be of poor quality and may require replacement.	Keep gutters, roof valleys, bo rain heads clear of leaves. Fi valley leaf guards. Houses wi box gutters or no eaves are p vulnerable to internal water of there is a blockage in the roo Working at heights should be by people with appropriate s equipment. Inspect, fill gaps and regular cladding.
EXTREME TE	MPERATURES		Door thresholds are often clo level. Be aware of areas like
	Heat Worse Better Cold Worse Better	Have fair thermal performance being constructed to more recent standards. Houses constructed after 1991 were required to have some insulation. Since 2004 star ratings have been introduced and improved from 4 to 7 stars. The newer the house, the better the performance is likely to be. Window performance has improved with thermal breaks, thicker glazing, and sometimes double glazing in newer	water can enter the house ar exterior drainage to direct wa from such areas. Single glazed aluminium wind typical frames transfer heat Consider installing curtains w Alternatively, install toughen storm) or double glazed wind thermally broken aluminium Add external shading that ca direct sun such as verandahs window boods, awning blinds

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idows and and cold. with a pelmet. ned glass (fire/ dows with a frame.

an control , pergolas, s, external

e roof/ceiling

C



^{1991-present} **Brick veneer** Contemporary

USUALLY SINGLE LEVEI, and constructed on heavily excavated sites to minimise slope. Low to medium height ceilings.

Contemporary homes are only sometimes designed with consideration of passive design principles. They often have poor orientation to capture warmth from the sun, maximise natural light, breezes, or shading.

They may have narrow or no eaves and tend to have covered entrances and covered patios to the rear. Windows are often unshaded.

A good place to start for all risks is to maintain, secure and improve the external envelope of your home. Before you make exterior changes to your home, check with your local council if you require planning permission.

DESCRIPTION

Single level, pitched roof, often with multiple pitches and garages incorporated into the building envelope.

STRUCTURE

Timber stud frame walls, timber floor and roof framing, slab on ground. **CLADDING**

Brick and lightweight wall cladding, steel or tile roof cladding.

WINDOWS AND DOORS

Aluminium doors and windows, single or double glazed. Openings are often proportioned to suit a particular room, large windows and doors in living rooms.

INSULATION

Wall and ceiling, more recent houses may have floor insulation.







CONTEMPORARY – BRICK VENEER						
		PERFORMANCE				
FIRE						
S	Worse Better	Likely to have roof valley embers to settle. If designed and constru- attack level (BAL), it wou to a better standard.				
STORM						
A	Worse Better	Robust exterior material in storms. Constructed to more rec to withstand wind forces				
FLOOD						
\bigcirc	Worse Better	Often constructed at gra window sills which can r vulnerable to inundation Cavities are prone to mo Materials can be of poor require replacement.				
EXTREME TE	MPERATURES					
	Heat Worse Better	Have fair thermal perfor constructed to more red although this relies on th the building envelope wi the siting of the building				
Q	Cold Worse Better	Houses constructed aft required to have some in 2004 star ratings have b and improved from 4 to the house, the better the likely to be.				
		Window performance ha with thermal breaks, thi and sometimes double o aluminium window fram				
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mance being cent standards, he performance of ith less regard to g.

er 1991 were nsulation. Since been introduced 7 stars. The newer e performance is

as improved cker glazing, glazing in newer ies.

CONSIDERATIONS

GARDEN

Plant fire wise and drought resistant plants.

Manage the release of stormwater from your site by installing rainwater and/or stormwater detention tanks in discrete locations, such as behind or to the side of the house.

Pay attention to water flows from neighbouring properties and work together to keep drainage away from your house

Use fire resistant fencing materials particularly when it is close to your house or other structures.

BUILDING

Keep gutters, roof valleys, box gutters and rain heads clear of leaves. Fit gutter and valley leaf guards. Houses with flat roofs, box gutters or no eaves are particularly vulnerable to internal water damage if there is a blockage in the roof drainage. Working at heights should be undertaken by people with appropriate safety equipment.

Door thresholds are often close to ground level. Be aware of areas like this where water can enter the house and design exterior drainage to direct water away from such areas.

Single glazed aluminium windows and typical frames transfer heat and cold. Consider installing curtains with a pelmet. Alternatively, install toughened glass (fire/ storm) or double glazed windows with a thermally broken aluminium frame.

Add external shading that can control direct sun such as verandahs, pergolas, window hoods, awning blinds, external blinds or shutters.

Check for gaps and reinstate roof/ceiling insulation.

Pre 1900-1945 Pre-World War II Lightweight















Post 1946-1990 Post-World War II Lightweight









Post 1946-1990 Post-World War II Heavyweight









1990—present Contemporary Brick veneer

















18 Home upgrades for climate resilience – Making your home ready for extreme weather events

PRIORITY UPGRADES

	Free and/or low cost	Fire	Storm	Flood	Heat	Cold
Decks & external structures	Inspect & maintain timber; apply fire resistant products to external structures	0				
Decks & external structures	Secure gas bottles away from house	Ø				
Decks & external structures	Keep verandahs & decks tidy	Ø	Ø	Ø		
Doors & windows	Seal draughts & gaps around windows, external doors, exhaust fans Use a fire resistant sealant in a fire risk area	Ø			Ø	Ø
Doors & windows	Protect windows with ember mesh screens	Ø				
Doors & windows	Upgrade window glazing with double or laminated glass; specify thickness of glass based on hazard exposure	Ø	Ø		0	Ø
Doors & windows	Keep windows & doors closed during the day; use door snakes (draught stoppers) for internal & external doors				Ø	Ø
Doors & windows	Install thermally backed curtains or blinds with pelmets; close on hot days & cold nights				Ø	Ø
Doors & windows	Externally shade windows & doors				Ø	
Floors	Screen subfloor cavity with ember mesh or enclose with non-combustible materials	Ø				
Floors	If subfloor cavity is open, remove all flammable materials and rake out leaves or debris from under house	Ø				
Floors	Raise appliances above flood level, including washing machine & dryer			Ø		
Floor	Inspect under floor insulation, fill any gaps & replace where needed	Ø			Ø	9
Floors/services	Raise external hot water units, air conditioners and electrical switchboards above flood level			0		
Garden	Remove dead vegetation, greenwaste & woodpiles	Ø	Ø			
Garden	Keep garden lush & plant low fire-risk species	Ø			Ø	
Garden	Plant deciduous trees to provide summer shade, protect from ember attack and allow direct light to windows in winter; manage fallen leaves, branches and prune back from roof	Ø			Ø	Ø
Garden	Keep yard tidy & remove loose items	Ø	Ø	Ø		
Garden	Maximise permeable surfaces in the garden to help heavy rain soak into the ground			0	Ø	
Fencing	Inspect & repair fences	Ø	Ø			
Fencing	Consider appropriate fencing for your risk area. Use non-combustible materials close to the house, or other structures in bushfire risk areas, and permeable fencing in a flood risk areas	Ø	Ø	Ø		
nterior	Install reverse cycle air conditioning				Ø	9
nterior	Install ceiling fans & turn to appropriate winter or summer setting				Ø	0
nterior	Make a cool room that is zoned off & can be cooled during hottest part of day; south-facing if possible.				Ø	
nterior	Make a warm room that is zoned off & that can be heated during coldest times; room captures sunlight if possible					0
nterior	Keep your body warm with clothes, blankets, electric blankets, hot water bottles					Ø
nterior	Turn heaters on & keep living room/s warm					Ø
Roof	Clear gutters & roof valleys of leaves & debris	Ø	Ø	0		
Roof	Clean spouting & downpipes		Ø			
Roof	Add leaf guards to gutters & roof valleys. Ensure guards are fire resistant if in a fire risk area	Ø	Ø	0		
Roof	Secure any loose roof sheets, tiles & flashings	Ø	Ø			
Roof	Check inside roof space for daylight points or leaves: both indicate points where embers will get in Plug gaps with mineral wool	Ø				
Roof	Inspect roof insulation and fill any gaps & replace where needed				Ø	Ø
Roof	Ventillate roof cavity				Ø	
Walls	Seal all gaps over 3mm with non-combustible material	Ø	Ø		Ø	0
Walls	Seal vents & holes with ember mesh	Ø				
Walls	Seal unused chimneys where possible	Ø			Ø	9
Walls	Inspect & secure wall cladding	Ø	Ø			
Walls	Protect at risk walls with steel ember mesh screens	Ø				
Walls	Inspect wall insulation, fill any gaps & replace where needed				Ø	Ø

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		PREPARATION 🗸		MINIMAL ✓\$	
GARDEN	R	During fire season, keep gardens neat, free of loose bark and dead vegetation. Regularly water to keep the garden 'green'. Mow lawns. Remove or cover green waste. Move wood piles away from house. Do not use flammable mulch within 2m of house.		Separate shrubs from trees and structures. Plant fire wise plants. Remove branches overhanging house and timber fences, but never work near powerlines. Cover woodpile with fire resistant material. Remove or closely manage vegetation around the perimeter of the house.	
	R	If the subfloor cavity is open, rake out leaves and remove all flammable materials from under the house.	Seal subfloor cavity and vents with strips of ember m		
WALLS		Seal all small gaps around the house with appropriate fire rated infill strips or fire rated sealant.		Seal vents and holes with ember mesh. Apply product to timber to increase its resistance to fire.	
	R	Clean leaves and debris from roof valleys, box gutters. Warning: cleaning roofs and gutters should be undertaken by people with appropriate safety equipment.		Secure roof sheets, tiles and flashings. Check inside roof space for daylight points or leaves: both indicate points where embers will get in. Plug gaps with mineral wool.	
EAVES & DOWNPIPES	R	Clean leaves and debris from gutters at start of the fire season and check regularly until end of season. Check gutter guards at start of season. Make sure to prioritise your safety and practice caution on ladders and with old and weak gutters. Consider a professional service if concerned.			
DOORS & WINDOWS				Maintain window sills and door frames so there is no rot or flaking paint. Apply fire-retardant coating to timber. Check for gaps around frames using incense stick inside on a windy day. Treat gaps with a fire rated sealant. Add non-combustible kick plates to hollow core doors for 400mm above threshold of door.	
DECKS & EXTERNAL STRUCTURES	R	Remove loose items like outdoor furniture, door mats, pot plants. Store small gas bottles (<45 kg) away from the house, secured vertically with relieve valve pointing away from car and buildings. Note where leaves naturally gather, as this will probably be where embers land.	R	Maintain timber structures, ensuring no flaking, peeling paint or rotting wood. Apply product to timber to increase its resistance to fire. Separate vegetation from decks.	



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/	Easy to do yourself
D	Likely to require a skilled trade person
	Will take time and planning
;	Will require mid to high financial investment

R Actions renters can take

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e and m the tches rocks	Install low walls between the house and most likely fire hazard. Replace treated pine & brush fencing that is situated near windows, doors, decks and eaves, with non-combustible materials such as brick, stone, concrete or galvanised iron.
	Enclose subfloors with non-combustible materials (concrete, brick, bushfire resisting timber or fibre cement sheet).
	Replace or cover external walls with non-combustible surface materials such as masonry, brick veneer, concrete, fibre cement, steel sheet etc. Install non-combustible sarking behind weatherboards, external cladding and roofs.
on. aerials Im and	Install a sprinkler system to extinguish embers that land on the roof or other structures. Ensure that piping is non- combustible, the system will run in event of mains power failure and that there is adequate water supply. Consider impact of wind on delivery of water on the structure.
I	Line eaves with fiber cement sheet or fire resistant timber.
ials. 3mm. mm.	Construct joinery and frames on new builds from fire resisting timber, metal, metal-reinforced PVC-U and with metal external hardware.
remove d, secured	Use non-combustible surface materials within 400mm of glazed windows or doors. Separate external structures within six metres of the house with a fire-resistant wall.

STORM

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		PREPARATION ✓	MINIMAL ✓\$
GARDEN	R	Keep your yard and verandahs free of clutter. Safely secure loose items such as outdoor furniture, umbrellas and trampolines.	Trim or remove trees or branches overhanging your home, or powerlines on your property. Make sure to prioritise your safety and practice caution on ladders and with old and weak gutters. Never work near powerlines. Engage a professional service if concerned.
FLOORS			
WALLS	R	Regularly check wall cladding for loose boards or panels.	Check fuses and upgrade to RCD switches to protect from lightning strike.
		Regularly check your roof area for loose tiles or metal sheets (this can be done safely from the ground in some cases).	Replace roofing nails with screws. Keep the roof in good repair. Fix loose tiles, roofing sheets and ridge capping. Working on roofs can be dangerous, and should be done by a suitably skilled tradesperson.
EAVES & DOWNPIPES	R	Clean gutters, spouting and downpipes regularly; make sure to prioritise your safety and practice caution on ladders and with old and weak gutters. Consider a professional service if concerned. Warning: cleaning roofs and gutters should be undertaken by people with appropriate safety equipment.	
DOORS & WINDOWS			
		Damage and injury during a storm is often the result of materials that have	
DECKS & External Structures		flown off buildings or out of yards.	Inspect and repair loose palings on fences.



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R Actions renters can take

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wind force. gravel m,	Construct floors from water resistant material (concrete, durable floorboards, clay tiles, rather than MDF, plywood or ceramic tile). Install a cavity drainage solution beneath the floor to remove floodwaters. This requires a sump and pump system.
	Have a builder check the structural integrity of your house and make recommendations for tie-downs or fasteners to resist uplifting forces (wind). Replace your roof cladding with hail resistant roofing materials.
	Upgrade gutters and spouting to move water away from the building faster. Install an engineered stormwater retention and detention system to control the flow of water off your property.
	Doors should have additional support such as barrel bolts or dead locks and sturdy plates in the door jamb.
nd wind ces to ress to d.	Build structures that are attached to the house, such as carports and verandahs, to the same standards as the main building. Install a solar system and battery for energy storage. Install a suppression or surge protection system for your entire house.

S FLOOD

		PREPARATION 🗸	MINIMAL V\$
GARDEN		Avoid removal of vegetation that holds soil layers together and earthworks that cut into unstable soils. Keep your yard and verandahs free of clutter. Safely store outdoor furniture, umbrellas, gardening equipment and toys.	Install a dry well (hole filled with gravel or stones) to reduce flow of water to the house and collect and retain stormwater, before it filters into the soil.
	R	Raise valuables, furniture, poisons, oils and chemicals above flood level, onto benches or tables or move them off-site. Tie down objects likely to float and cause damage.	Seal existing tiled areas to minimise the chance of mold. Raise powerpoints & appliances above flood level, including washing machine & dryer
WALLS			Seal cracks and service inlets (such as washing machine or telephone lines) with water-resistant products.
			land. Flash flooding occurs within six hours of heavy rain. Flash floods can occur in urban areas if drainage systems can't cope.
EAVES & DOWNPIPES	R	Clean gutters, spouting and downpipes regularly; make sure to prioritise your safety and practice caution on ladders and with old and weak gutters. Consider a professional service if concerned. Warning: cleaning roofs and gutters should be undertaken by people with appropriate safety equipment.	Add leaf guards to gutters and valleys.
DOORS & WINDOWS		In Victoria, for most types of development, the 1% AEP flood level is used to define a flood zone.	Install waterproof seals on doors and windows. Seal gaps in frames with water resistant products such as silicone. Add barrel bolts or dead locks to doors. Add sturdy plates in the door jamb.
DECKS & EXTERNAL STRUCTURES		An 1% AEP flood is a large flood having a 1% chance of occurring in any given year.	



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tially to	Create a rain garden with plants that cope with water inundation, to help slow, filter and collect flood water. Add solid walls or raise ground level above known historic flood levels. Consider the impact this may have on neighbours. Grade slope away from the house to a distance of 2m, for drainage.
or age. dicted flood	Raise the house above the historic flood level. Construct floors from water resistant material (concrete, durable floorboards, clay tiles, rather than MDF, plywood or ceramic tile). Install a cavity drainage solution beneath the floor to remove flood waters. Requires a sump and pump system. Ensure backup power is available in case of power failure.
se the	Eliminate wall cavities by replacing loose-fill insulation with rigid insulation. Ensure insulation can be dried out after a flood event through adequate ventilation.
ion. dicted flood	
	Upgrade gutters and spouting to move water away from the building faster. Install an engineered stormwater retention and detention system to control the flow of water off your property.
the ater	Ensure window sills are above flood level to minimise the chance of water entry.
ove	Structures that are attached to the house, such as carports and verandahs, are to be built to the same standards as the main building. Install solar system and battery for energy storage. Install a surge protection system for your entire house.

EXTREME HEAT

		PREPARATION ✓	MINIMAL ✓\$
GARDEN	R	Keep garden lush, particularly in areas close to the house.	Plant drought tolerant species.
FLOORS		The R-value indicates how well an insulation product	Inspect your insulation and fill any gaps.
WALLS		resists heat flow. The higher the R value, the higher the level of insulation. The appropriate degree of insulation depends on your climate, building construction type, and whether auxiliary heating and/or cooling is	Inspect your insulation and fill any gaps.
		to be used.	Inspect your insulation and fill any gaps. Mechanically ventilate the roof cavity. Install a draught stopper to seal ceiling exhaust fans.
DOORS & WINDOWS	R	Close and seal off external doors with door snakes. Open doors and windows at night to let in cooling breezes. Draw external blinds early in the morning before the sun hits the windows.	Install draught seals on external doors and windows.
	R	Use ceiling and pedestal fans when you are in a room. Use air conditioners to keep cool. Avoid running the oven and other appliances that produce heat. Zone off a space that can be cooled and where you can spend time during the hottest times of the day. South facing rooms and downstairs areas tend to be the coolest rooms in a house.	Install thermally backed curtains/ blinds or honeycomb blinds; use pelmets and seal curtains/blinds down to the floor or to window sill to prevent convection currents of air. Seal all gaps with suitable draught proofing products.



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de cover.	Reduce the area of water resistant surfaces which have high thermal mass, such as concrete or pavers. Use permeable surfaces or lighter coloured or reflective paving to reduce heat absorption.
ors.	Strengthen foundations to avoid movement caused by changes in soil moisture due to heat/dry.
-value. ants the	Install a sprinkler system along the eaves to spray the home with water and keep it cool; this also makes it more resistant to bushfire attack.
sulation 9.	Install a mechanical ventilation heat recovery system in the ceiling space. Ensure high-level flows of cooler air in summer and a complete seal in winter. Install reflective or light coloured roof cladding. Avoid dark colours.
relates efore es g	Install timber, UPVC or thermally improved window and door frames. Replace window glazing with low U-value double glazing. Different glazing may be selected for each façade. Seek advice for your situation.
	Make the home air-tight using a heat exchange ventilation system. Add shaded internal thermal mass to help regulate internal temperature.

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EXTREME COLD

		PREPARATION	~		MINIMAL ✓\$
GARDEN		Prune shrubs to allow direct light to windows in winter.			Prune trees to allow direct light to windows in winter. Make sure to prioritise your safety and practice caution on ladders. Consider a professional service if concerned.
FLOORS		The R-Value indicates how well an insulation product			Inspect your insulation and fill any gaps.
WALLS		resists heat flow. The higher the R value, the higher the level of insulation. The appropriate degree of insulation depends on your climate, building construction type, and whether internal heating and/or cooling		R	Seal unused chimneys where possible.
ROOF		is used.			Inspect your insulation and fill any gaps. Install a draught stopper to seal ceiling exhaust fans.
DOORS & WINDOWS	R	Close and seal off external doors with door snakes. Close curtains and blinds as soon as the sun goes down			Install draught seals on external doors and windows.
	R	Use heaters or reverse cycle air conditioners to keep wa Turn ceiling fans to winter setting. Zone off a space that can be heated and that you can sp time during the coldest times. Rooms that capture direc sunlight for the longest periods of the day, like north fac rooms and upstairs areas tend to be the warmest rooms in a house.	arm. bend st sing s		Install thermally backed curtains/ blinds or honeycomb blinds; use pelmets and seal curtains/blinds down to the floor or to window sill to prevent convection currents of air Seal all gaps with suitable draught proofing products.

	PREPARATION 🗩 🛛
GARDEN	Landscape gardens with deciduous species on north s of house that allow winter sun to windows.
FLOORS	Install under floor insulation under raised timber floor Select insulation with a high R-value. Enclose subfloor cavity.
WALLS	Install wall insulation. Select insulation with a high R-v Seal external surfaces with weather protecting sealan and paints to protect against thermal movement as th temperature fluctuates.
ROOF	Install bulk insulation in the ceiling. Select insulation a high R-value.
DOORS & WINDOWS	Control direct sunlight to northerly glass with eaves, verandahs and awnings calculated to let in winter sun The width of the projection relates to the height of the glass, and must be calculated before construction. Install adjustable blinds, screens or deciduous plantin front of east and west facing glass to let in winter sun

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✓ Easy to do yourself

Likely to require a skilled trade person

Will take time and planning

\$ Will require mid to high financial investment

R Actions renters can take

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ı side	
ors.	Strengthen foundations to avoid movement caused by changes in soil moisture due to wet weather.
-value. ants the	
n with	
in. he ing in in.	Install timber, UPVC or thermally improved window and door frames. Replace window glazing with low U-value double glazing. Different glazing may be selected for each façade. Seek advice for your situation.
	Make the home air-tight using a heat exchange ventilation system. Add internal thermal mass that is heated by winter sun to help regulate interior temperature.

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MY HOME ACTION PLAN

Address				
Which extreme events may impact your home			FLOOD	EXTREME TEMPERATURES
When was your house built?				
What is it built with?	Walls		Roof	
	Lightweight	t Heavyweigł	ht Metal	Tiles
House type/s				
ls your subfloor cavity open or enclosed?	Open	Enclosed		
Is your house insulated?	Roof	Ceiling	Walls	Floors
What type of windows do you have?	Timber	Steel	Aluminium	Other
Are your doors & windows draught sealed?	Yes	No		
Are your windows double glazed?	Yes	No		
Do you have window coverings?	Blinds	Thermal blinds	Curtains	Curtains with pelmets
Are your windows shaded in summer?	Yes	Mostly	Some	Νο
Does your garden drain well after rain?	Yes	No		
Do you have any of the following?	Rainwater Tank	Pump		
ls your emergency plan up to date?				

30





Glossary

AEP flood	Annual Exceedance Probability. A term describing how likely a flood is to occur in a given year; 1% AEP flood is a flood with a one in a hundred chance of being exceeded in any year.
Brick piers	Vertical structures built to support floor structures or walls.
Brick veneer	A single layer of brick built on a timber-framed house.
Building envelope	All the building components that separate the indoors from the outdoors.
Cavities	Empty spaces under the house or within the walls.
Cladding	Covering of boards, tiles, tin or other material fixed to the outside of a building.
Door snakes	A long strip placed in the bottom crack of a door or window to exclude draughts.
Draughts	An unwelcome current of air coming into a room.
Eaves	The part of a roof that meets or overhangs the walls of a building.
Ember mesh	Product designed to block entry of burning embers during a bushfire. Mesh should have a maximum hole size of 2mm and be made from corrosion resistant steel, bronze or aluminium.
Fire wise plants	Plants with low flammability.
Flashings	Thin material used for waterproofing.
Glazing	Part of a window or wall, made of glass.
Hollow core doors	Doors made of fibreboard or laminated wood with honeycomb cardboard interior.
Joinery	The wooden components of a building, such as doors and window frames.
Kick plates	A metal plate at the base of a door or panel to protect it from damage or wear.
Non-combustible	Material that does not burn if exposed to fire.
Orientation	The position your house faces, particularly in relation to where the sun moves.
Passive design	House design that considers orientation to sun and natural breezes in order to maintain a comfortable temperature in the home, with minimal heating & cooling.
Pelmets	A narrow piece of wood or fabric placed above a window, to hide the curtain rail & reduce heat loss.
Permeable	Allowing water to pass through.
Pitch	The steepness of a roof.
Pitched roof	A two-sided roof that slopes downwards, at an angle from a central ridge.
Ridge capping	Roofing material used to cover the ridges of a pitched roof, where two roof sides meet.
Roof fasteners	Any type of screw, rivet or device used to secure roofing materials.
Roof valleys	The channel created where two roof planes meet.
Sarking	A pliable membrane which is installed under tiled or metal roofs for insulation and protection from weather.
Services	Electrical, plumbing and mechanical systems such as air conditioners, hot water units and electrical meter boards.
Skillion roof	A roof with a single sloping plane.
Slab	A flat horizontal surface, such as a floor, made of concrete.
Star rating system	Energy efficiency standards for houses.
Stumps	Foundations of a home that elevate the building above the ground.
Subfloor cavity	The area, under the house, between the floor structure and the ground.
Sump and pump	A device that moves water from your basement to the outside of your home.
Surge protection system	An electrical device used to protect equipment against power surges.
Thermal breaks	An insulating material or barrier used to prevent heat transfer.
Thermal mass	
	The ability of material to absorb, store and release heat.
Thermal performance	The ability of material to absorb, store and release heat. The amount of heating or cooling required to make a home a 'comfortable' space to live in.

Resources

Adapt Loddon Mallee Victorian State Government Bushfire Resilience Rating Home Self-assessment Resilient Building Council <u>Climate Change in Australia</u> CSIRO <u>Cooling your Home: Home retrofits, appliances and adaptions for a hotter future</u> Beyond Zero Emissions <u>Flood Resilient Guide to Retrofitting your Home</u> Melbourne Water Heat Wave Help Central Victorian Greenhouse Alliance Landscaping for Bushfire: Garden Design and Plant Selection CFA Plan and Prepare CFA Plan for Emergencies at Home SES Preparing for Emergencies Australian Red Cross Renew magazine Smart Gardens for a Dry Climate Coliban Water and City of Greater Bendigo State of the Climate CSIRO Your Home Adapting to Climate Change ACT Government

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Home upgrades for climate resilience

Making your home ready for extreme weather events

